**CODE OF BEHAVIOUR : Covid – 19 specific To Wellington FC Risk Assessment**

Covid-19 is a highly infectious and dangerous disease which is easily spread. The resumption of contact football at Wellington is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

The Covid risk cannot be completely eradicated but with caution and care these risks can be reduced. Each player will need to decide when to return to training and playing and if they are satisfied with arrangements in place. This is particularly the case for players from BAME communities or those with underlying health conditions.

All those returning to training and competitive match football at Wellington must adopt the following code of behaviour:

• Be aware of your own personal health. If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice. Do not report for training or matches. Inform your manager.

• Be responsible. Read the guidance provided by The FA and by Wellington so that you are aware of the changes to the game and what is expected of you. This will include things like bringing your own drink bottles, traveling to matches and match arrangements which are in place at Wellington.

• Practise good hygiene. Wash your hands regularly, before, during and after a game. Sanitising stations are at Wellington. If in doubt bring your own sanitiser.

• Where possible maintain social distancing. This won’t always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain the 2meter social distancing rule unless you are wearing a mask. Then it is 1 meter +.

• Support NHS Test and Trace. You are being asked to provide your details if you are not signed on so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone’s benefit so please cooperate. A photo of attendance at training may be an alternative to always giving hard copy details.

• Do not spit. Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players, this can spread an infection to others or to you.

• Changing rooms and showers are closed and any socialising must follow the Government’s guidance on social distancing.

The Wellington Football Club Risk Assessment is available on the club web page or by requesting a copy from the club secretary or Covid Officer.

By receipt and return you are acknowledging these COVID RULES and as a understanding of the risk assessment and playing football at Wellington. Please enjoy your football.